



The Heartbeat of Your Journey

THE VITAL ROLE OF YOUR TRANSPLANT NURSE COORDINATOR

Your Lifeline Through Every Stage

Transplant nurses are part detective, part coach, part medical expert, and 100% your advocate. From the initial evaluation to years post-transplant, they guide you and your family through every twist, turn, and milestone of the journey.

1. The Evaluation & Prep Phase

- **Navigating the Maze:** Coordinating endless blood tests, scans, and specialist clearances so you are fully prepared.
- **Educator Extraordinaire:** Explaining complex medical terms into plain, understandable language.
- **Listing Support:** Helping you understand your MELD/waitlist status and keeping your paperwork pristine.

2. The 3:00 AM Call & Surgery

- **The Big Dispatch:** Making that exhilarating, heart-pounding phone call when an organ offer becomes available.
- **Hospital HQ:** Managing pre-op logistics, fasting verification, and getting you squared away for the operating room.
- **Family Anchor:** Providing reassurance and updates to your anxious loved ones during surgery.

3. Post-Op Recovery & Inpatient Care

- **ICU Vigilance:** Monitoring vital signs, organ function, and surgical sites with hawk-like precision.
- **Medication Boot Camp:** Training you on your new immunosuppressant schedule until it becomes second nature.
- **Cheerleader in Chief:** Celebrating your first successful laps walking down the hospital hallway.

4. Lifelong Partnership

- **Triage Helpline:** Being just a phone call away when you have a fever, a weird symptom, or a medication question.
- **Lab Reviewer:** Analyzing your routine blood work to ensure your new organ is thriving.
- **Life Champion:** Celebrating your anniversaries, milestones, and return to everyday life.

HOW TO BE THE ULTIMATE PARTNER TO YOUR TRANSPLANT NURSE

Action Item	Why It Helps Your Care Team
Keep an Open Line	Report minor symptoms early before they turn into major hurdles. Your nurse would rather answer a quick question now than handle an emergency later.
Bring Your Questions	Write down your medication or lab questions before clinic visits so you never walk out wondering about the details.